



All Inclusive Spa Package Treatment Listing

Listed below are the treatments available when you have booked on the All-Inclusive Spa Package at the resort.

**Guests on the All Inclusive Spa Package are entitled:
One (1) Spa treatment per person per day
(Unless stated otherwise, please provide documentation)**

Treatments are scheduled and designed to give clients a taste of the Spa environment. Should you choose not to partake in your allocated treatment and forfeit **the space and time you will not be permitted to reschedule, treatments** may not be scheduled at the same times every day, this is in order to accommodate all guests for different treatments. All treatments are pre-scheduled by the hotel and are not available on day of arrival & departure.

Each treatment is approximately 30 minutes long, please arrive to the spa at least 10 minutes prior to your treatment. Required Health and Safety requirement notice – Each Guest is required to fill out both sides of the Medical Questionnaire prior to their First Treatment, our Spa Therapists will assess the form and make changes to your Spa Treatments based on the information you provide. (Documentation may be required, ie. Pacemaker Scan Card). Treatments are non transferable. Minimum age requirement to visit the Spa for any treatment is 16 Years Old.

Spa treatments are pre-scheduled from any of the following:

- Φ Localised Aromatherapy Massages-
- (Neck & Shoulder, Leg, Back, Hands & Feet, Head And Face)
- Φ Aroma Paraffin Treatments – Hands Or Feet
- Φ Mini Facial
- Φ Back Cleanse
- Φ Hydro Bath -Peppermint/Aromatherapy – Aroma Bath Salt, Aroma-Chromo Therapy (Light Therapy)
- Φ Salt Body Glow
- Φ Relaxing, Re-Mineralizing Hydrotherapy Bath
- Φ Mini-Manicure or Pedicure
- Φ Euro Spa Sauna and Steam Room Treatment

Please note that requests for All Inclusive Pre-bookings are not guaranteed, we will try our best to accommodate all requests.

The Spa Team
Le Grand Courlan Spa Resort, Tobago, West Indies

The Spa is Open Daily from 9am to 5:30pm

thespa@legrandtobago.com or thespa@singhs.com +1868-639-9667 Ext 1622.